

'WHAT I DO!'

(Post-school transition)

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SASN Conference - 30/11/10

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Introduction

- Personal background
- Destination v. journey
- Expectations
- 'Starting block..'



Personal background

- 16 years
- Family link
- People with ASDs / parents & professionals
- Local - regional – national
- ASD Coordinator (Fife Council / NHS Fife)
- Influence and affect change



Destination v. Journey

- Destination = Employment
- Journey and capacity
- Lifelong learning
- Support v. skilling



Expectations


- Being an 'adult'?
- Knowing & understanding
- RELATIONSHIPS




Starting Blocks


- Self-understanding: strategies
- Dependency ———→ independence
- Risks – Rights – Responsibilities
- Skilling & self-help
- Resilient




 **Wrong Person?**

- Only able to work with what we know....until we learn more:
- 'Allow others to help.....and learn to....



 **Cont'd..**

-enjoy being you'



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